

Grape ingestion treated at an out-of-hours emergency clinic



Assume that today's date is 25 October 2026. Pepper is being discharged home this morning. You are the attending veterinarian at the Out-of-Hours Emergency Veterinary Clinic. Using the information in the case notes, write a letter to Pepper's regular veterinarian, Dr Wayne Aziz. Update him on Pepper's treatment and ask him to repeat her kidney blood tests. Address the letter to Dr Wayne Aziz, Veterinary Surgeon, Family Veterinary Practice, 5 Market Street. In your answer: expand the relevant notes into complete sentences; do not use note form; use letter format. The body of the letter should be approximately 180–200 words.

Choose one box per line: I = Include / C = Compress / O = Omit. Answers and reasons are on the webpage (scan QR).

Patient details

1. Name: Pepper
2. Canine, Cocker Spaniel, female (spayed), 3 yrs
3. Weight: 13.2 kg
4. Owner: Ms Brooke Nassar, 22 Hill Road
5. Admitted: 22/10/26, 21:15; discharge: 25/10/26

Social background

6. Lives with owner, owner's partner and 2 children (6 and 9 yrs)
7. Children left bowl of grapes on low coffee table
8. Owner says partner 'always leaves food lying around' — frequent arguments at home about this
9. Attends agility classes weekly
10. Pet insured; owner asked for claim form

Medical history

11. Vaccinations up to date (regular vet)
12. Otitis externa L ear 2025 — resolved
13. No previous renal disease; no current medications
14. Allergies: nil known

Presentation 22/10/26

15. Ate est. 300–400 g red grapes approx. 1 hr before presentation (owner estimate)
16. Bright, alert; HR, RR, temp WNL; no vomiting at home

Presentation 22/10/26

17. Baseline bloods: creatinine, urea, phosphate WNL; USG adequately concentrated

Treatment/Progress

18. Emesis induced (apomorphine IV) → large quantity of grape material recovered
19. Activated charcoal single dose PO after emesis
20. IV fluids (Hartmann's) × 48 hrs
21. Creatinine & urea repeated at 24 & 48 hrs — WNL throughout
22. Urine output normal; no vomiting/diarrhoea; eating well from day 2
23. Owner complained about 2-hr wait in reception on arrival

Plan

24. Discharge 25/10 — bright; no medications required
25. Repeat creatinine & urea (± USG) at approx. 72 hrs post-ingestion (evening 25/10) at regular vet, or here if practice closed; further check 27/10 if indicated
26. Owner advised: return immediately if vomiting, lethargy, ↓ appetite, ↑ or ↓ urination
27. Strict avoidance of grapes, raisins, sultanas, currants (incl. baked goods)
28. Owner to book appt with regular vet; lab results attached
29. Owner asked about agility next week — advised light exercise only until bloods rechecked