

Transfer to residential aged care after a stroke: dysphagia and pressure injury



Assume that today's date is 21 October 2026. Mrs O'Brien will be transferred tomorrow morning. You are a registered nurse on the stroke rehabilitation unit at Southbank Hospital. Using the information in the case notes, write a letter to Ms Grace Liu, Clinical Care Manager at Banksia Gardens Aged Care, who will be responsible for Mrs O'Brien's ongoing care. Address the letter to Ms Grace Liu, Clinical Care Manager, Banksia Gardens Aged Care, 60 Coastal Highway, Southbank. In your answer: expand the relevant notes into complete sentences; do not use note form; use letter format. The body of the letter should be approximately 180–200 words.

Choose one box per line: I = Include / C = Compress / O = Omit. Answers and reasons are on the webpage (scan QR).

	I	C	O		I	C	O
Patient details				Current medications			
1. Name: Mrs Maureen O'Brien	☐	☐	☐	18. All tablets crushed and given in smooth puree (pharmacist confirmed suitable); macrogol and supplement drink to be thickened to IDDSI level 2 with gum-based thickener (not starch-based)	☐	☐	☐
2. DOB: 19/01/1940 (86 yrs)	☐	☐	☐	19. Current medication chart and pharmacist administration instructions accompany transfer	☐	☐	☐
3. Admitted: 02/09/26 (acute stroke unit); rehabilitation unit from 16/09/26	☐	☐	☐	Swallowing & nutrition			
4. Transfer to Banksia Gardens Aged Care: 22/10/26	☐	☐	☐	20. Speech pathology: minced & moist diet (IDDSI level 5); mildly thick fluids (IDDSI level 2)	☐	☐	☐
Social background				21. Supervision at all meals: sit upright 90°, small mouthfuls, remain upright 30 min after	☐	☐	☐
5. Widowed; previously lived alone; family agreed she cannot return home	☐	☐	☐	22. Aspiration pneumonia 20/09 — treated, resolved	☐	☐	☐
6. Daughter (Siobhan) is enduring guardian; visits every second day	☐	☐	☐	23. Weight 52 kg (55 kg on admission); high-protein supplement drink BD	☐	☐	☐
7. Retired seamstress; enjoys Irish folk music and crosswords	☐	☐	☐	24. Prefers tea with one sugar	☐	☐	☐
8. Daughter asked whether Banksia Gardens has 'better staff' than the hospital	☐	☐	☐	Mobility & skin			
9. Daughter travelling overseas 10–24 Nov — son-in-law will visit instead	☐	☐	☐	25. Transfers: 2 staff with standing hoist; wheelchair for mobility; not walking	☐	☐	☐
Medical history				26. Physiotherapy: maintenance exercise programme (copy attached)	☐	☐	☐
10. L middle cerebral artery ischaemic stroke 02/09/26 → R-sided weakness, expressive aphasia, dysphagia	☐	☐	☐	27. Stage 2 pressure injury sacrum (1.0 × 0.8 cm), improving — hydrocolloid dressing, change every 3 days (next due 23/10)	☐	☐	☐
11. Atrial fibrillation (diagnosed this admission)	☐	☐	☐	28. Repositioning 2–3-hrly; pressure-redistributing mattress	☐	☐	☐
12. Hypertension; osteoarthritis	☐	☐	☐	Communication & continence			
13. Hysterectomy 1985	☐	☐	☐	29. Expressive aphasia: understands simple sentences; answers using yes/no gestures and picture board	☐	☐	☐
14. Cataract surgery L eye 2015	☐	☐	☐	30. Urinary incontinence — continence pads; bowels open every 1–2 days	☐	☐	☐
15. Allergies: sulfonamides (rash)	☐	☐	☐	31. Mood: occasionally tearful; enjoys music	☐	☐	☐
Current medications				32. Pt's roommate frequently calls out at night — pt sleeps poorly	☐	☐	☐
16. Apixaban 2.5 mg BD (reduced dose: age > 80, weight 52 kg)	☐	☐	☐				
17. Atorvastatin 40 mg nocte; perindopril 2.5 mg mane; paracetamol 1 g TDS; macrogol 1 sachet daily	☐	☐	☐				