Older adult with unexplained injuries: transfer

Assume that today's date is 5 November 2026. Mrs Dumlao is being transferred from the community assessment clinic to the acute receiving service today. Her medication history and body map have already been sent securely to Ms Abalos. This is original independent practice material. You are a registered nurse at the community assessment clinic. Using the case notes, write a transfer letter to Ms Aileen Abalos, Hospital Safeguarding Nurse, Hospital Safeguarding Service, Acute Receiving Service, 24 Hospital Road, SE5 9RS, United Kingdom. Briefly summarise the safeguarding concerns and request a private assessment, safe confidential follow-up and discharge planning alongside the accepted medical assessment. In your answer: expand the relevant notes into complete sentences; do not use note form; use letter format. The body of the letter should be approximately 180–200 words.

Choose one box per line: I = Include / C = Compress / O = Omit. Answers and reasons are on the webpage (scan QR).

	I	C	O
Patient details			
1. Name: Mrs Adoracion Dumlao	☐	☐	☐
2. DOB: 19/01/1947 (79 yrs)	☐	☐	☐
3. Seen: community assessment clinic, 05/11/26; transfer today	☐	☐	☐
Social background			
4. Lives with adult son; walks with stick; son helps with bathing/shopping	☐	☐	☐
5. Usually manages own medicines	☐	☐	☐
6. Retired seamstress; enjoys knitting	☐	☐	☐
7. Shared telephone at home; son usually answers; no personal mobile available	☐	☐	☐
8. Prefers tea without milk	☐	☐	☐
Medical history			
9. Knee osteoarthritis	☐	☐	☐
10. No anticoagulant or antiplatelet medicines; medication history already sent to Ms Abalos	☐	☐	☐
11. Appendicectomy 1972; uncomplicated	☐	☐	☐
12. Allergies: nil known; included in medication handover	☐	☐	☐
Assessment today			
13. Today: attended with son for L rib pain	☐	☐	☐
14. Observed: bruising across both upper arms	☐	☐	☐
15. L lower rib tenderness; skin intact	☐	☐	☐
16. Alert; breathing comfortably; observations stable during assessment	☐	☐	☐
17. Pt privately: tripped over doorway on 03/11; struck L side	☐	☐	☐
Assessment today			
18. Pt unable to explain upper-arm bruises	☐	☐	☐
19. Neighbour telephoned: alleges son caused injuries; did not witness incident	☐	☐	☐
20. Injury cause unconfirmed; body map completed with consent	☐	☐	☐
21. Son waited outside during private discussion	☐	☐	☐
Private discussion			
22. Pt privately: 'Please do not discuss this with my son'	☐	☐	☐
23. Pt understands proposed review; agrees to private discussion	☐	☐	☐
24. Consents to safeguarding review and treating/safeguarding team sharing; no family disclosure agreed; confidentiality limits explained	☐	☐	☐
Agreed transfer plan			
25. Receiving registrar accepts transfer today for medical assessment of injuries	☐	☐	☐
26. Safeguarding nurse: private review today → assess safety/wishes + coordinate safe discharge plan	☐	☐	☐
27. Pt requests no home calls, texts or letters; establish safe follow-up contact directly	☐	☐	☐
28. Medication history/body map already sent securely to Ms Abalos	☐	☐	☐
29. Discharge destination undecided	☐	☐	☐
30. Son complained about clinic waiting time	☐	☐	☐
31. Neighbour also criticised son's housekeeping	☐	☐	☐
32. Pt reassured; transport arranged with nursing escort	☐	☐	☐

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