New epilepsy safety plan: advice

This is original independent practice. All patient-specific events and individual care arrangements are fictional. Assume that today's date is 4 November 2026. Noble is going home after a paediatric admission. Allow 45 minutes: 5 minutes for reading and 40 minutes for writing. You are a registered nurse on the paediatric ward. Using the case notes, write a letter to Noble's mother, Ms Malina Jurjevic, 18 Park Road, SW12 9AB, United Kingdom. Give a brief reminder of the key actions in his supplied seizure rescue plan and explain the arrangements needed for school and his grandfather's care. Detailed first aid, syringe technique and additional emergency-call criteria have already been taught and are provided in enclosed guides and a checklist; refer to these documents rather than reproducing their contents. The prescribed emergency medicine is supplied in labelled prefilled syringes containing the complete individual dose; no dose calculation is required. In your answer: expand the relevant notes into complete sentences; do not use note form; use letter format. The body of the letter should be approximately 180–200 words.

Choose one box per line: I = Include / C = Compress / O = Omit. Answers and reasons are on the webpage (scan QR).

	I	C	O
Patient details			
1. Child: Noble Pollich; DOB 12/06/2017 (9 yrs)	☐	☐	☐
2. Parent: Ms Malina Jurjevic; mother/main carer	☐	☐	☐
3. Address: 18 Park Road, SW12 9AB, United Kingdom	☐	☐	☐
4. Admitted 02/11/26; discharge home 04/11/26	☐	☐	☐
Assessment and progress			
5. 25/10: first unprovoked convulsive seizure, approximately 2 min; assessed	☐	☐	☐
6. 02/11: second convulsive seizure, 7 min; ambulance rescue treatment	☐	☐	☐
7. 03/11: specialist diagnosed epilepsy; family informed	☐	☐	☐
8. No further seizures during admission; usual alertness restored	☐	☐	☐
9. Previous admission for gastroenteritis, 2021	☐	☐	☐
10. No known medication allergies	☐	☐	☐
Family and school			
11. Mother normally works afternoons; grandfather provides after-school care	☐	☐	☐
12. Mother now covering afternoons pending grandfather's training	☐	☐	☐
13. Mother worried about emergency medicine; requested brief written reminder alongside supplied guides	☐	☐	☐
14. Complained that ward meals arrived late	☐	☐	☐
15. School has not yet received the new care plan	☐	☐	☐
16. School return planned 09/11, following care arrangements	☐	☐	☐
17. 04/11: mother demonstrated first aid and prescribed syringe use correctly; correctly explained emergency-call checklist	☐	☐	☐
18. Grandfather has not received rescue-medicine training	☐	☐	☐

	I	C	O
Supplied individual rescue plan			
19. Seizure onset: time seizure; follow enclosed illustrated first-aid guide; detailed first aid already taught/demonstrated	☐	☐	☐
20. Individual rescue plan: convulsions at 5 min → call 999 even if medicine unavailable; then whole prescribed prefilled midazolam syringe buccally	☐	☐	☐
21. Use syringe as trained; detailed technique in enclosed guide; afterwards stay/check breathing; no parent repeat; tell ambulance crew administration time	☐	☐	☐
22. Breathing difficulty → call 999 immediately, do not wait 5 min; other immediate-call criteria in enclosed emergency checklist, already reviewed/understood	☐	☐	☐
23. Keep rescue medicine accessible to trained carers, out of children's reach	☐	☐	☐
24. Supplied/enclosed: labelled prefilled syringes containing complete prescribed dose, written plan, illustrated first-aid/syringe guides, emergency checklist; no measuring required	☐	☐	☐
25. Mother prefers paper copies rather than phone reminders	☐	☐	☐
Discharge arrangements			
26. Before return: mother to arrange school staff training and access to plan/labelled rescue medicine	☐	☐	☐
27. Grandfather: training needed before sole care; mother covering afternoons meanwhile	☐	☐	☐
28. Seizure diary: timing, duration, recovery and rescue treatment	☐	☐	☐
29. Specialist review 18/11/26; bring diary	☐	☐	☐
30. Family hopes child can attend school trip next term	☐	☐	☐
31. Daily treatment explained separately; mother correctly demonstrated medicine schedule	☐	☐	☐
32. Home concerns to be revisited at review	☐	☐	☐

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