Laparoscopic cholecystectomy recovery: update

Original independent practice. Assume that today's date is 5 November 2026. You have identified an omission in Ms Rutto's discharge summary. Allow 45 minutes: 5 minutes for reading and 40 minutes for writing. You are a surgical registrar. Using the case notes, write an addendum to Dr Bridgit Mbaabu, Ms Sylvia Rutto's general practitioner, explaining the omitted histology follow-up arrangements, the additional responsibility agreed today and the original instructions that remain valid. Address the letter to Dr Bridgit Mbaabu, General Practitioner, 24 High Street, SW19 2AB, United Kingdom. In your answer: expand the relevant notes into complete sentences; do not use note form; use letter format. The body of the letter should be approximately 180–200 words.

Choose one box per line: I = Include / C = Compress / O = Omit. Answers and reasons are on the webpage (scan QR).

	I	C	O
Patient details			
1. Name: Ms Sylvia Rutto	☐	☐	☐
2. DOB: 18/06/1972 (54 yrs)	☐	☐	☐
3. GP: Dr Bridgit Mbaabu; original discharge summary received	☐	☐	☐
4. Laparoscopic cholecystectomy and discharge: 02/11/26	☐	☐	☐
Social background			
5. Lives with daughter; supported at home after discharge	☐	☐	☐
6. Office administrator; enjoys embroidery	☐	☐	☐
7. Complained that ward staff were unfriendly	☐	☐	☐
8. Daughter disclosed a private dispute about inheritance	☐	☐	☐
Medical history			
9. Recurrent symptomatic gallstones over 6/12	☐	☐	☐
10. Remote ankle sprain; fully recovered	☐	☐	☐
11. Non-smoker; no known drug allergies	☐	☐	☐
Treatment/Progress			
12. Elective procedure; uncomplicated; no drain	☐	☐	☐
13. Gallbladder sent for histology	☐	☐	☐
14. Mobilising independently; oral intake tolerated before discharge	☐	☐	☐
15. 05/11 telephone review: discomfort ↓; eating/drinking normally	☐	☐	☐
16. No fever, vomiting or jaundice; wounds reportedly dry	☐	☐	☐

	I	C	O
Assessment and addendum plan — 05/11/26			
17. Summary audit today: pending histology follow-up omitted; result still unavailable	☐	☐	☐
18. GP agreed today by telephone: track histology update; contact surgical secretary if absent by 12/11	☐	☐	☐
19. Surgical team retains result review, communication to patient/GP and further assessment arrangements	☐	☐	☐
20. GP wound/recovery review booked 09/11; remains required	☐	☐	☐
21. Addendum adds histology tracking; all original discharge instructions remain valid	☐	☐	☐
22. Patient informed today that histology pending and follow-up arrangements corrected	☐	☐	☐
Original discharge plan — patient-specific instructions			
23. Gentle activity, ↑ gradually; avoid strenuous exercise	☐	☐	☐
24. Normal healthy diet; small meals initially if easier	☐	☐	☐
25. Driving: only when emergency stop comfortable; check insurance requirements	☐	☐	☐
26. Wounds closed with dissolvable sutures; no removal needed	☐	☐	☐
27. No changes to discharge medicines; no new prescription	☐	☐	☐
28. Urgent GP assessment or NHS 111 for severe/worsening persistent pain, fever, jaundice, wound discharge or new unilateral leg pain or swelling; leg symptoms alone require urgent assessment	☐	☐	☐
29. Call 999 for sudden breathlessness or chest pain, with or without leg symptoms; do not drive to A&E	☐	☐	☐
30. No routine surgical clinic booked; arrange review if histology requires	☐	☐	☐

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