Mild cognitive impairment under investigation: advice

Assume that today's date is 5 November 2026. This is original independent practice material. All patient details and individual care arrangements are fictional. You are Dr Olivia Ntim, a general practitioner. Using the case notes, write to Ms Afia Nkrumah, your patient's agreed adult daughter, explaining the uncertainty about his memory difficulties and the practical home support agreed today. Respect his preferences about sharing information. Address the letter to Ms Afia Nkrumah, 24 Station Road, SW1V 2AB, United Kingdom. Allow 5 minutes for reading and 40 minutes for writing. In your answer: expand the relevant notes into complete sentences; do not use note form; use letter format. The body of the letter should be approximately 180–200 words.

Choose one box per line: I = Include / C = Compress / O = Omit. Answers and reasons are on the webpage (scan QR).

	I	C	O
Patient details			
1. Mr Danny Lavery; DOB 16/03/1954 (72 yrs)	☐	☐	☐
2. GP: Dr Olivia Ntim; consultation 05/11/26	☐	☐	☐
3. Daughter: Ms Afia Nkrumah, 42; attended with permission	☐	☐	☐
4. Daughter's address: 24 Station Road, SW1V 2AB, United Kingdom	☐	☐	☐
Social background			
5. Lives alone; daughter nearby, visits weekly	☐	☐	☐
6. Independent washing, dressing, cooking and paying bills	☐	☐	☐
7. Retired printer; collects postcards	☐	☐	☐
8. Prefers paper reminders; dislikes smartphone applications	☐	☐	☐
9. Stopped driving voluntarily 5 yrs ago; uses buses	☐	☐	☐
Medical history			
10. Remote appendicectomy; no current abdominal symptoms	☐	☐	☐
11. Complained receptionist sounded impatient during booking	☐	☐	☐
12. No regular medicines; medication review completed today	☐	☐	☐
Assessment			
13. 6/12 gradual forgetfulness: misplaced keys, repeated questions	☐	☐	☐
14. Mild cognitive impairment; cause under investigation, dementia NOT diagnosed	☐	☐	☐
15. Brief cognitive assessment: memory difficulty; other abilities relatively preserved	☐	☐	☐
16. No sudden confusion, focal neurological symptoms or acute illness	☐	☐	☐
Assessment			
17. No reported wandering, cooking incidents or unpaid bills	☐	☐	☐
18. Blood investigations requested; results pending	☐	☐	☐
19. Memory clinic assessment booked 19/11/26	☐	☐	☐
Information preferences			
20. Consent: tell daughter mild cognitive impairment, cause still under investigation, dementia NOT diagnosed; share support plan + assessment arrangements; detailed results to pt first, NOT authorised for daughter	☐	☐	☐
21. Ask pt before sharing letter with other relatives	☐	☐	☐
22. Understands options; wishes to retain decisions and independence	☐	☐	☐
23. Private dispute with son about inheritance; explicitly not for daughter	☐	☐	☐
24. Requested written explanation for daughter within agreed limits	☐	☐	☐
Agreed support and plan			
25. Agreed: one appointments calendar + reminders notebook; daughter helps establish use	☐	☐	☐
26. Weekly visit: review appointments together, prepare shopping list; prompt, avoid taking over	☐	☐	☐
27. Pt welcomes daughter accompanying him to memory clinic	☐	☐	☐
28. GP review booked 03/12/26 to discuss assessment and support	☐	☐	☐
29. Contact surgery earlier if everyday functioning worsens	☐	☐	☐
30. Safety advice: sudden confusion → call 999; stay with him	☐	☐	☐